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عنوان:

بررسی اثر محافظت کننده کافئیک اسید و کوئرستین بر آپوپتوز ناشی از  
محرومیت سرم در سلول های بنیادی مزانشیمی مشتق از مغز استخوان

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**Title:**

**Investigation of the protective effect of caffeic acid and quercetin on  
serum deprivation-induced apoptosis in bone marrow-derived  
mesenchymal stem cells**

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### اظهار نامه

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موارد مذکور در این پایان نامه تحت عنوان:

بررسی اثر محافظت کننده کاتکلیت اسید کروئیک بر آکسیدزنتاسی از عروق کرونر  
در مدل های بنیاس مزانشیمیستیک از عروق کرونر

به راهنمایی: سرکار خانم دکتر/جناب آقای دکتر میرا محمدی حاصل فعالیت های پژوهشی خود بوده و زیر نظر استادان (راهنما، همکار و مشاور) تهیه شده است و مسئولیت صحت داده ها و اطلاعات گزارش شده در این پایان نامه را به عهده می گیرم. کلیه مطالبی که از منابع دیگر در این پایان نامه مورد استفاده قرار گرفته، با ذکر مرجع مشخص شده است.

تمامی حقوق مادی و معنوی این پایان نامه (شامل فرمول ها، توابع کتابخانه ای، نرم افزارها، سخت افزارها و مواردی که قابلیت ثبت اختراع دارد) متعلق به دانشگاه علوم پزشکی و خدمات بهداشتی درمانی کرمان بوده و هرگونه استفاده تنها با کسب اجازه ممکن خواهد بود. همچنین کلیه حقوق مربوط به چاپ، تکثیر، نسخه برداری، ترجمه، اقتباس و نظائر آن در محیط های مختلف اعم از الکترونیکی، مجازی یا فیزیکی برای دانشگاه علوم پزشکی و خدمات بهداشتی درمانی کرمان محفوظ می باشد. استناد به مطالب و نتایج این پایان نامه در صورتی که به نحو مناسبی ارجاع داده شود، بلامانع است.

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## خلاصه

**مقدمه:** امروزه، سلول‌های بنیادی مزانشیمی (MSC) منبعی امیدوارکننده برای سلول درمانی در نظر گرفته شده‌اند. با این حال، برخی از چالش‌ها مانند: کمبود اکسیژن، فقر مواد غذایی، وجود رادیکال‌های آزاد اکسیژن، افزایش سیتوکین‌های التهابی و سایر عوامل ممکن است اثربخشی سلول درمانی را کاهش دهند. همه‌ی این دلایل باعث مرگ زودرس سلول‌ها در روزهای اولیه پس از پیوند می‌شوند. استراتژی‌های مختلفی برای افزایش اثربخشی درمان ارائه شده است. در سال‌های اخیر، توجه زیادی به استراتژی‌های پیش‌درمانی شده است که تأثیرات بسیار مفیدی در محافظت از سلول دارد. در این مطالعه، از کافئیک اسید و کوئرستین به عنوان دو آنتی‌اکسیدان طبیعی قوی برای محافظت از سلول‌های بنیادی مزانشیمی در برابر آپوپتوز ناشی از محرومیت از سرم استفاده شده است.

**روش‌ها:** سلول‌های بنیادی مزانشیمی از رت جدا شده، کشت داده شدند، سپس با کافئیک اسید و کوئرستین با غلظت‌های مختلف در زمان‌های مختلف تحت درمان قرار گرفتند. سپس آن‌ها به مدت ۴۸ ساعت در معرض شرایط محرومیت سرم قرار گرفتند. پس از آن، بقای سلول با استفاده از روش MTT و آپوپتوز بر اساس بیان پروتئین‌های آپوپتوتیک و آنتی‌آپوپتوتیک از جمله Bax و Bcl-2 با استفاده از وسترن بلات ارزیابی شد.

**نتایج:** نتایج مطالعه حاضر نشان داد که پیش‌درمانی سلول‌های بنیادی مزانشیمی با کافئیک اسید و کوئرستین پس از ۷۲ ساعت به‌طور قابل‌توجهی باعث افزایش بقای سلول‌ها در شرایط SD می‌شود. علاوه بر این، وسترن بلات نشان داد که هر دو روش درمانی می‌توانند سطح پروتئین Bax را کاهش دهند و بیان پروتئین Bcl-2 را در سلول‌های آپوپتوتیک ناشی از SD افزایش دهند.

**نتیجه گیری:** می توان نتیجه گرفت که کافئیک اسید و کوئرستین ممکن است به عنوان ابزاری

امیدوارکننده برای بهبود کارایی سلول درمانی قبل از پیوند استفاده شوند.

**کلمات کلیدی:** کافئیک اسید، کوئرستین، سلول های بنیادی مشتق شده از مغز استخوان، آپوپتوز.

## Abstract

**Introduction:** Nowadays, mesenchymal stem cells (MSCs) are considered a promising source for cell therapy. However, some challenges such as lack of oxygen, nutritional deficiency, the presence of oxygen free radicals, increased inflammatory cytokines and other factors may reduce the effectiveness of cell therapy. All of which cause premature death of these cells in the early days after transplantation. Different strategies have been proposed to increase the effectiveness of treatment. In the recent years, much attention has been paid to preconditioning strategies, which has very beneficial effects on cellular protection. In this study, caffeic acid and quercetin as two potent natural antioxidant, have been used to protect MSCs against serum deprivation-induced apoptosis.

**Methods:** Mesenchymal stem cells were isolated from rats, cultured, then treated with caffeic acid and quercetin with various concentrations at different time. Then they were exposed to serum deprivation for 48 hours. Afterwards, cell survival was assessed using MTT assay and apoptosis was assessed based on the expression of apoptotic and anti-apoptotic proteins including Bax and Bcl-2 using Western blotting.

**Results:** The results of the present study demonstrated that pretreatment of MSCs with caffeic acid and quercetin after 72-hour significantly increased cell survival in SD conditions. Furthermore, as western blotting has shown that both treatments could decrease Bax protein level and increase Bcl-2 protein expression in SD induced apoptotic cells.

**Conclusion:** It could be concluded that caffeic acid and quercetin might be used as a promising tools to improve the efficiency of pre-transplant cell therapy.

**Keywords:** Caffeic Acid, Quercetin, Bone Marrow Derived Mesenchymal Stem Cells, Apoptosis

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دانشگاه علوم پزشکی و خدمات بهداشتی درمانی کرمان  
دانشکده داروسازی

پایان نامه خانم مرضیه حیدریان دانشجوی داروسازی ورودی ۹۳ به شماره ۱۲۵۵

تحت عنوان:

بررسی اثر محافظت کننده کافئیک اسید و کوئرستین بر آپوپتوز ناشی از محرومیت سرم در سلولهای بنیادی مزانشیمی

مشق از مقرر استخوان

استاد (اساتید) راهنما:

دکتر میترا مهربانی

دکتر مهرناز مهربانی

دکتر محمدهادی نعمت الهی

استاد (اساتید) مشاور:

هیئت محترم داوران:

۱- دکتر فریبا شریفی فر

۲- دکتر صالحه صبوری

در تاریخ ۹۹/۱۱/۰۷ مورد ارزیابی قرار گرفت و با نمره (با عدد) ..... ۱۹ .....  
(با حروف) ..... نوزده ..... به تصویب رسید.

دکتر میترا مهربانی  
معاون پژوهشی دانشکده

محمد رضا نجفی  
کارشناس اداره پایان نامه

۹۹/۱۱/۷

دکتر باقر امیرحیدری  
رئیس دانشکده

